



Could a Good Neighbour help you?

Need a lift to events or appointments?

Could someone help you with odd jobs?

Would you like some company over a cup of tea?

Good Neighbour Schemes are established and run by local people to provide day-to-day support for other residents who may need help on an occasional or regular basis. The schemes provide a social 'safety net' for their village or local area, supported by Bedfordshire Rural Communities Charity.

The groups help to improve those living in your community who need help with occasional day-to-day jobs, such as shopping, walking their dog or popping round for a chat.

All volunteers are insured and DBS checked.

Find Out More:

Debra Aitken - Good Neighbour Scheme Support Officer 07951 175241 debra.aitken@bedsrcc.org.uk





Could you help?

Would you like to help people in your community?

Could you volunteer on a one-off or regular basis?

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The groups help to improve the lives of those living in your community who need help with occasional day-to-day jobs, such as shopping, walking their dog or just popping round for a chat.

The amount of time you volunteer is up to you - even a few hours could make a big difference to someone. All volunteer expenses are reimbursed. You would be fully insured and DBS checked.

Find Out More:

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